

# Stages of lung cancer

#### **Objective of lecture**

- 1- Grading and Staging of cancer
- 2-Staging of lung cancer and prognosis of lung cancer
- 3-Paraneoplastic syndrome

#### CASE-1

A 58y old men has developed cough with blood—streaked sputum and Wight loss. A CXR reveals a 5 cm consolidated area near the RT hilum(central) with L.N enlargement. Multiple hepatic nodules by sonar examination.

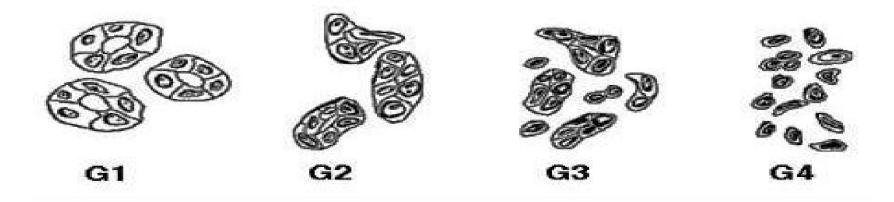
A sputum cytology reveals the presence of clusters of small cells having large hyper- chromatic pleomorphic nuclei with scanty cytoplasm but are larger than lymphocytes.

## **Grading Tumors**

- How much the tumor cells resembles original normaltissue cells
- Based on microscopic features (Differentiation and mitotic-.rate)
- .Grades I-III/IV (higher grades are more anaplastic)-Malignant tumors only and Dysplasia of the cervix are-"graded
- Tumor grade is important in treatment plan and prognosis-

#### **Grading Of Cancer**

- Grade I(low grade), well differentiated -The cells are slightly differed from the normal cells, with Good prognosis
- Grade II(moderate grade), moderate differentiated -The cells are moderate abnormal, with Moderate prognosis
- Grade III(high grade ) poor differentiated -The cells are very differed and abnormal with Poor prognosis
- Grade IV(high grade) very poor differentiated -The cells are immediate and primitive and undifferentiated with very Poor prognosis



#### **Staging of tumors**

For malignant tumors only-How far has the tumor spread-Based on Tumor size (T), lymph node (N) involvement,distant metastases (M) Staging often involves: the Pathologist, radiology or-

Staging often involves: the Pathologist, radiology orother imaging, lab tests (tumor markers) and interoperation examination

CIS(carcinoma in situ is referred to as Stage Zero-

# Tumor stage American Joint Committee on Cancer (AJCC) .TNM system

Depends on pathological and clinical information .CT scan, US, bone marrow examination....etc

**TNM** staging system

T= Primary tumor size

N= Regional lymph node involvement

M= Metastasis

TNM, Help to-decide treatment and prognosis

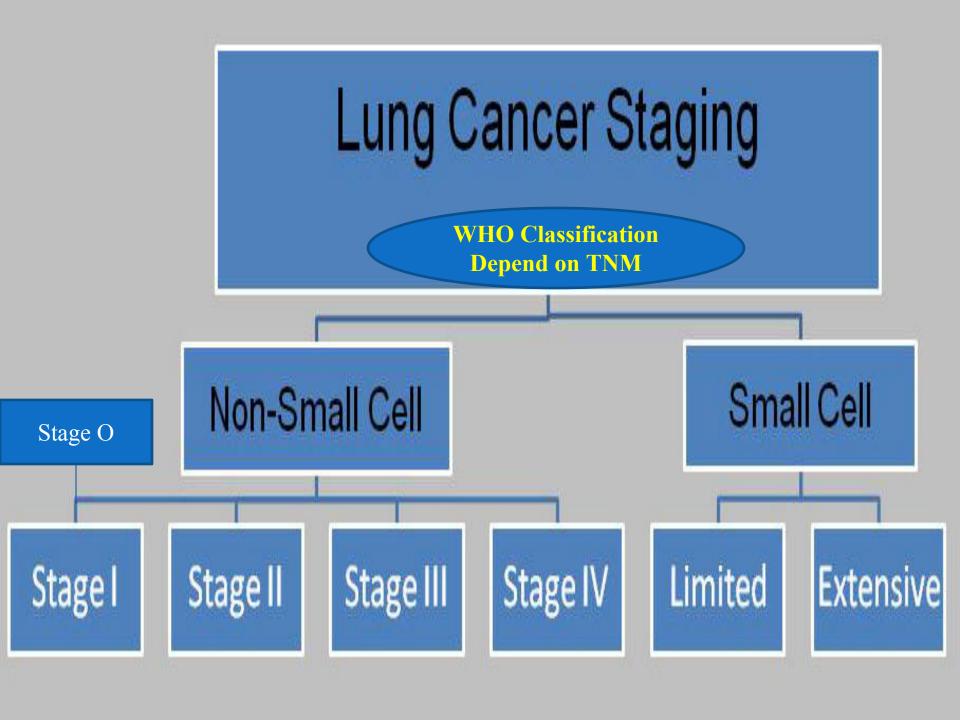
# Lung cancer stages

The most frequently used system for staging lung cancer is the American Joint Committee on cancer (AJCC) is depend on World health organization (WHO) classification of tumor TNM, Which is based on:-

**T**=size of the tumor

**N=Lymph node involvement** 

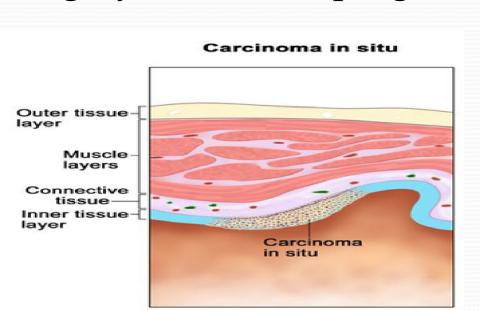
**M**= metastasis to other organ



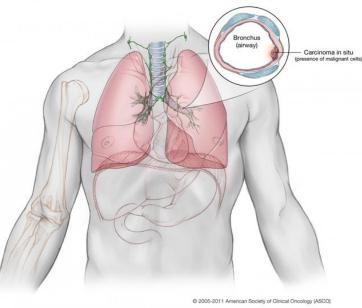
# Stages of NSCLC

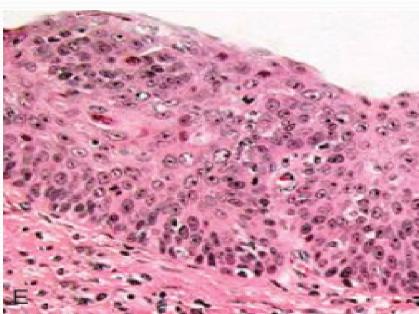
# Stage 0 (carcinoma in situ)

Cancer cells within epithelium with intact basement membrane no tumor size, no L.N involvement(N0) and no metastasis (M0). Treatment by surgery, excellent prognosis



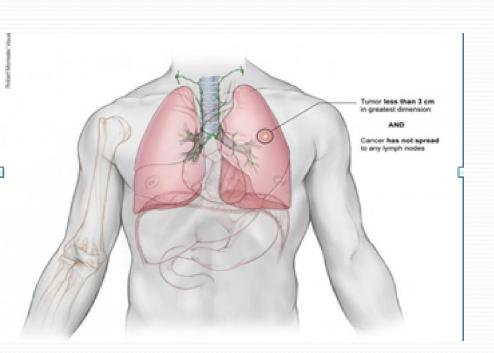






## **Stage I**

Invasive tumor of any size is found only in lung and no L.N involvement (N0) and no metastasis (M0) Treatment by surgery, good prognosis



Lung Cancer Stage

Dr Ogwudu- Minimally Invasive Thoracic Surgeon Normal lymph nodes Tumor Left Lung Right Lung

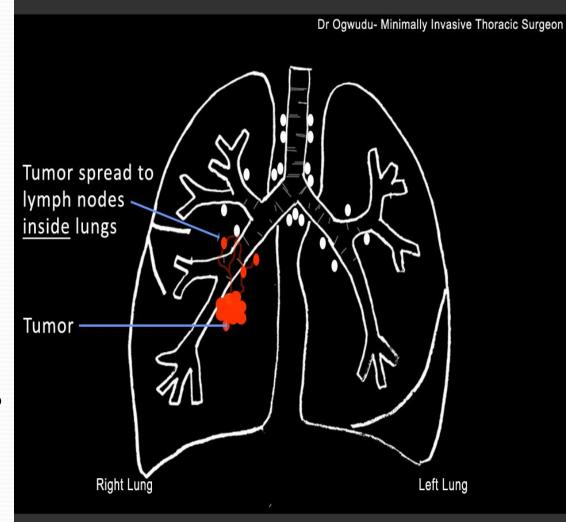
Treatment: Minimally invasive lung surgery to remove the section of lung containing the tumor

# Stage H

Invasive tumor has spread to lymph nodes around bronchiole inside lungs and the same side of the lung and no metastasis (M0).

Treatment by surgery, good prognosis

# Lung Cancer Stage 2



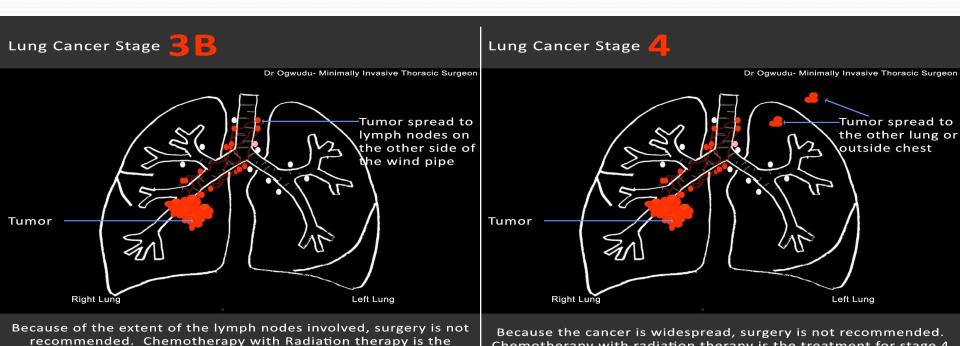
Because the tumor is still localized, minimally invasive lung surgery to remove the section of lung containing the tumor is recommended

Stage IIIA:-Invasive tumor has spread to L.Ns in the tracheal area including ehest wall and diaphragm on the same side of the lung tumor. Treated by surgery with chemotherapy or chemotherapy + radiation. Moderate-poor prognosis

Stage III B:- Invasive tumor has spread to L.Ns to other side of trachea and lung or in neck. Treated by chemotherapy and radiation. Poor prognosis

**Stage IV**:-Tumor has spread beyond the chest. Treated by chemotherapy and radiation. very poor prognosis

treatment for stage 3B



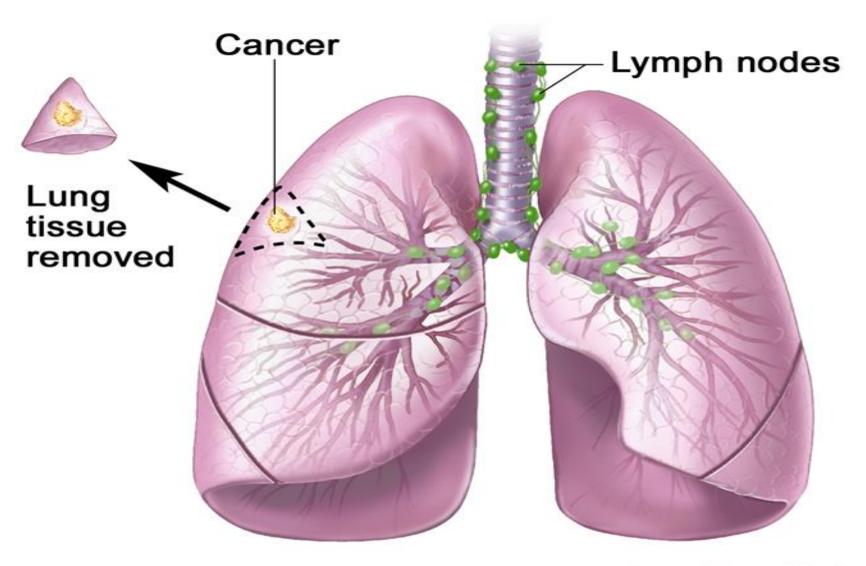
Chemotherapy with radiation therapy is the treatment for stage 4

# Prognosis of lung cancer

The prognosis of lung cancer depends on stage at presentation.

The overall 5-year survival rate is 15% although surgical resection of solitary tumors has a better survival rate 48% Despite treatment, the prognosis is poor.

#### Wedge Resection of the Lung



# Para-neoplastic syndromes

- -Endocrine /Metabolic syndromes are mediated by humeral factors like
- 1-ectopic hormones or (hormone-like factors elaborated) excreted by tumor cells .
- 2- cytokines or antibodies which mediated by an immune response against the tumor.
- -Most of PNS are mediated by immune responses triggered by neuronal proteins (onco-neural antigens) expressed by tumors both humeral (antibodies) and cell mediated immunity (CD4,CD8) are activated .
- -These immune responses have complex mechanism hence these PNS are resistance to therapy

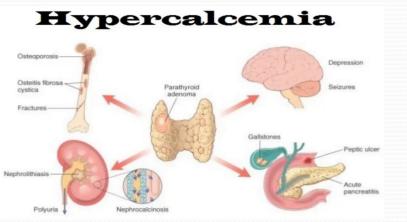
- -PNS can occur before ,or during or after cancer diagnosis.
- -Up to 10% of all patients with lung cancer develop clinically overt paraneoplastic syndromes.
- -Small cell carcinoma is most commonly produce paraneoplastic syndromes.

## The hormones or hormone-like

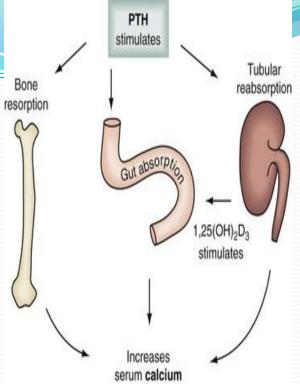
#### factors elaborated include:

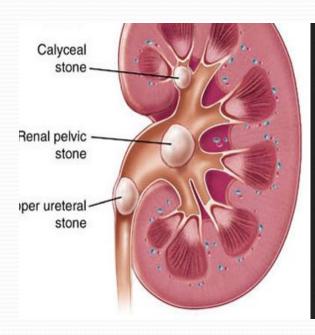
1-Hypercalcemia secondary to ectopic secretion of a parathyroid hormone-related peptide, excreted by tumor cells of bronchogenic ca. (the most important mechanism). Another possible mechanism for hypercalcemia is widespread osteolytic metastatic disease of bone.

Sign and symptom of hypercalcemia Painful bone pain and osteoporosis Renal colic and Renal stone or gall bladder stone



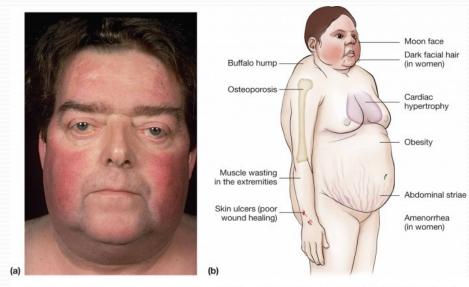






# 2- Cushing syndrome secondary to production of ectopic adrenocorticotropic hormone (ACTH).

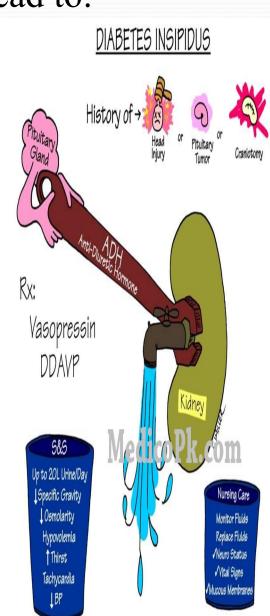
Sign and symptom
Moon face and bufflo neck
Hyperglycemia
Thin skin and striae
Amenorrhea and hirsutism
Gynecomastia in male





# 3-Syndrome of inappropriate (i.e. excess) secretion of ectopic antidiuretic hormone (SIADH) lead to:-

- -Water retention
- Hyponatremia .
- -Increased BP.
- -Increased osmolality (concentration) of urine
- -Decreased osmolality of plasma.



4-Hypocalcemia due to ectopic secretion of calcitonin.

5- Gynecomastia is an increase in the amount of breast gland tissue in boys or men, caused by an imbalance of the hormones estrogen and testosterone.

due to ectopic secretion of gonadotropins.

6-Hypoglycemia due to ectopic secretion of insulin or insulin-like substance from malignant cells .

# 7-Acanthosis niggricans:-

hyperpigmentation of the skin ,found in the body folds ,Brown to black ,poorly defined , due to ectopic secretion of insulin or insulin-like substance from malignant cells .

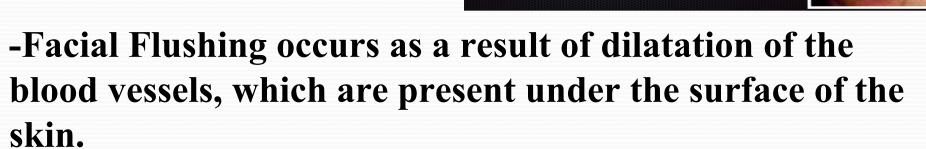
Increased insulin lead to activates insulin-like growth factor receptors (ILGFR) which may lead to keratinocyte and dermal fibroblast proliferation.





8-Carcinoid syndrome
Due to ectopic secretion of serotonin and histamine.

#### Clinical features :-



- -Watery diarrhea and bronchospasm.
- -Telangiectasia:-dilatation of small blood vessels and capillaries, which are present under the surface of the
- skin. (hypoxia lead to increased stimulation of VEGF which in turn lead to endothelial proliferation and telangiectasia



## Other paraneoplastic syndromes include

1- Hypertrophic pulmonary osteoarthropathy is characterized by periosteal new bone formation, clubbing of the fingers and arthritis. This due to hypoxia which stimulate VEGF for proliferation of end plate of bone which lead to bone pain.

periosteal new bone formation



# Clubbing of the fingers which mean increased depth and bulk of distal portion of fingers. (2-theories)

- -Hypoxia stimulate VEGF induces vascular hyperplasia ,edema ,fibroblast or osteoblast proliferation of end plate of fingers .
- -Hypoxia leading to vasodilatation and proliferation of subcutaneous tissue of nail bed and there is an increased in the capillary permeability leading to interstitial edema

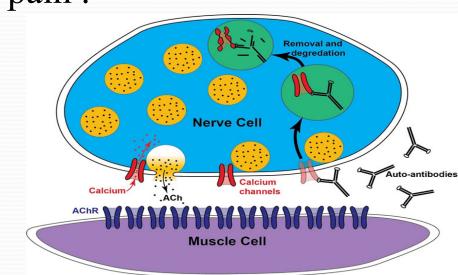


## 2- Lambert - Eaton Myasthenic syndrome (LEMS) :-

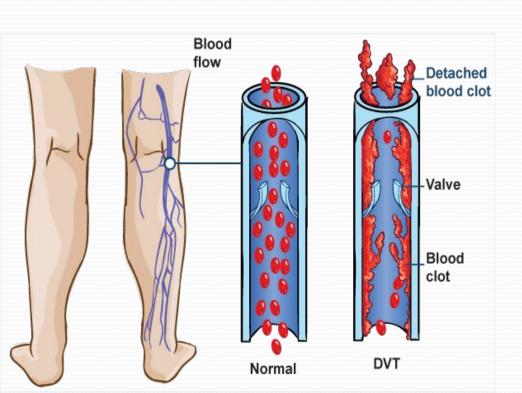
- -Means presynaptic disorder of the neuromuscular junction
- -LEMS: malignant cells produce auto-antibodies against the presynaptic calcium channels of the neuromuscular junction which lead to decreased acetylcholine release and impaired in neuronal transmission

#### LEMS include the following:-

- Proximal muscle weakness, It starts in the proximal muscles of the legs or arms., fatigue and pain.
- -Muscle weakness of the eyes.
- -Swallowing problems, dry mouth
- -Speech impairment.

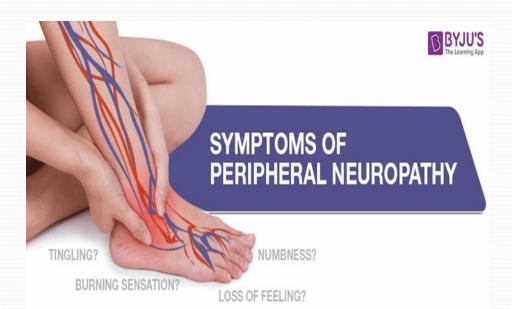


# 3- Hematological manifestations; - manifest as hypercoagulability, including migratory thrombophlebitis (repeated attacks of multiple venous thrombosis at different sites due to the pro-coagulant factors formed by cancer cells), and disseminated intravascular coagulation(DIC).



4-Peripheral neuropathy, and polymyositis due to autoantibodies production.

numbness, burning sensation, tingling, loss of feeling



\*Hypercalcemia is most often encountered with squamous cell carcinoma & adenocarcinomas.

\*The remaining syndromes are much more common with small-cell neoplasms.

## Metastatic carcinoma to the lung(secondary carcinoma)

-The common primary sites are the breast, stomach, pancreas, and colon.

Metastatic carcinoma of the lung.

**CXR** show :- Multiple 'cannon ball' nodules



lung shows numerous nodules of metastatic carcinoma

