

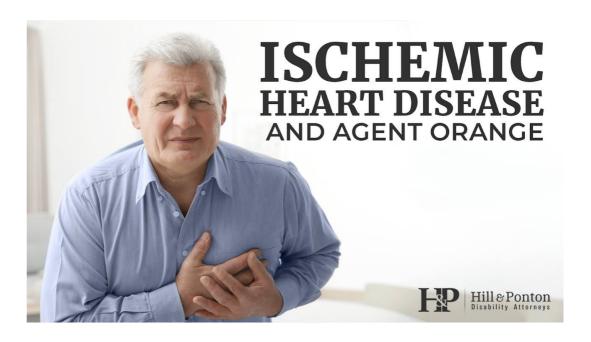
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#### Ischemic Heart Diseases

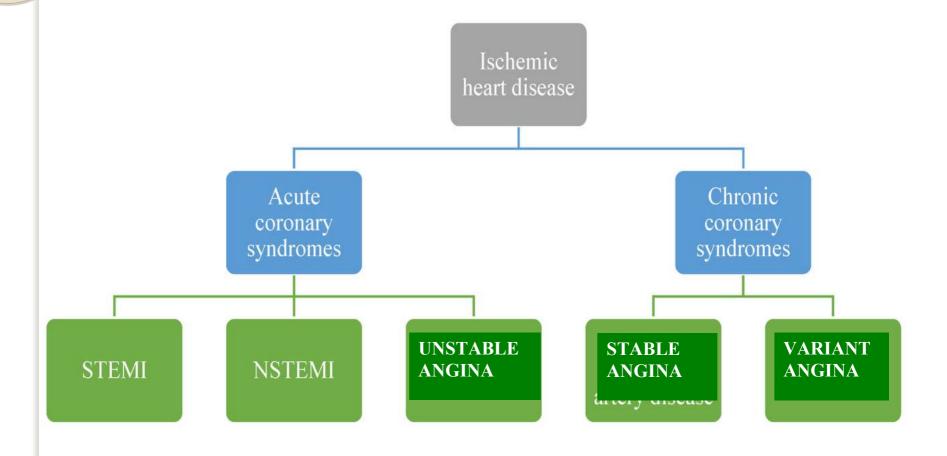
- Ischemic Heart Disease (IHD) or Coronary artery diseases (CAD) is the most common cause of angina and acute coronary syndrome and the most common cause of death world wide.
- WHO has estimated that 3.8 million men and 3.4 million die from cardiovascular diseases each year.

#### Ischemic Heart Diseases

 Clinical presentations of IHD categorized as either acute coronary syndrome (ACS) or chronic coronary syndrome (CCS)



#### Ischemic Heart Diseases/CAD



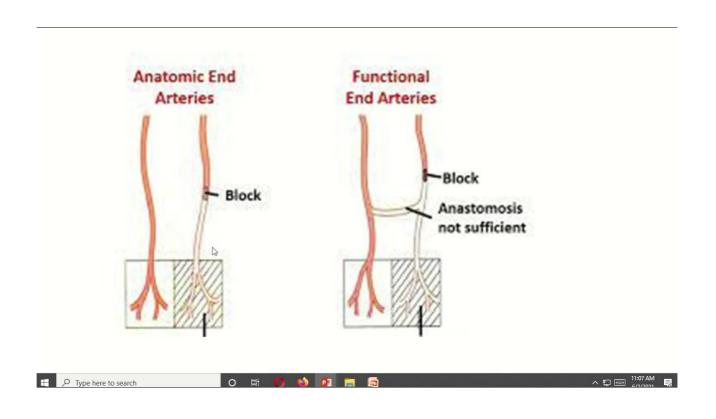
#### Risks for Ischemic Heart Disease

- Hypertension
- Smoking
- Dyslipidemia
- DM or impaired glucose tolerance
- Obesity
- Sedentary lifestyle

Peculiarities of coronary circulation:

- Lend arteries (functional end arteries)
- 2.Blood flow (increased perfusion) during diastole
- 3. Maximum oxygen extraction
- 4. More susceptible to atherosclerosis

#### :Peculiarities of coronary circulation



#### :Peculiarities of coronary circulation

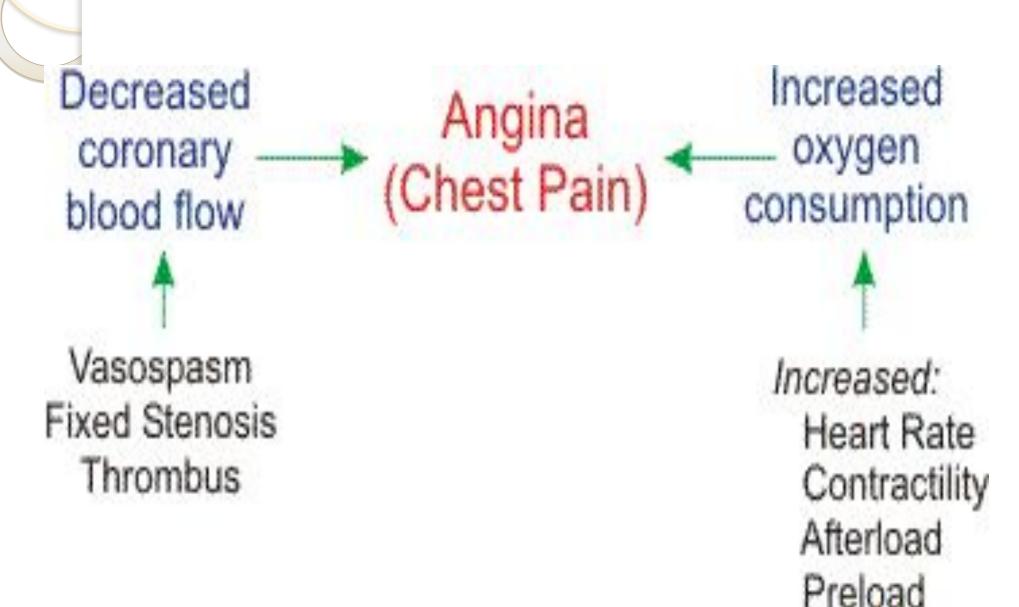


Normally Balanced Cardiac Work

Heart Work = CA Perfusion (blood supply)(Contractility X HR) (Oxygen Demand) = (O2 delivery)

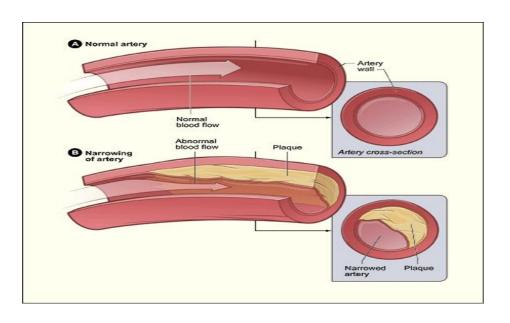
The primary cause of IHD is an imbalance between myocardial O2 demand and O2 supplied by coronary vessels. This imbalance may be due to:

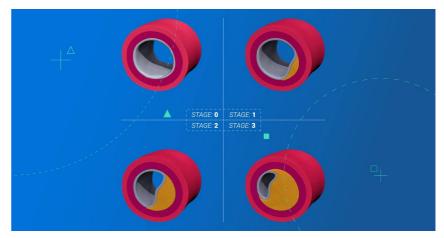
- Decrease in myocardial oxygen delivery
- Increase in myocardial oxygen demand or both



• Stable Angina (Effort Angina): ischemia is due to fixed atheromatous stenosis of one or more coronary arteries, and is brought on by exercise and stress.

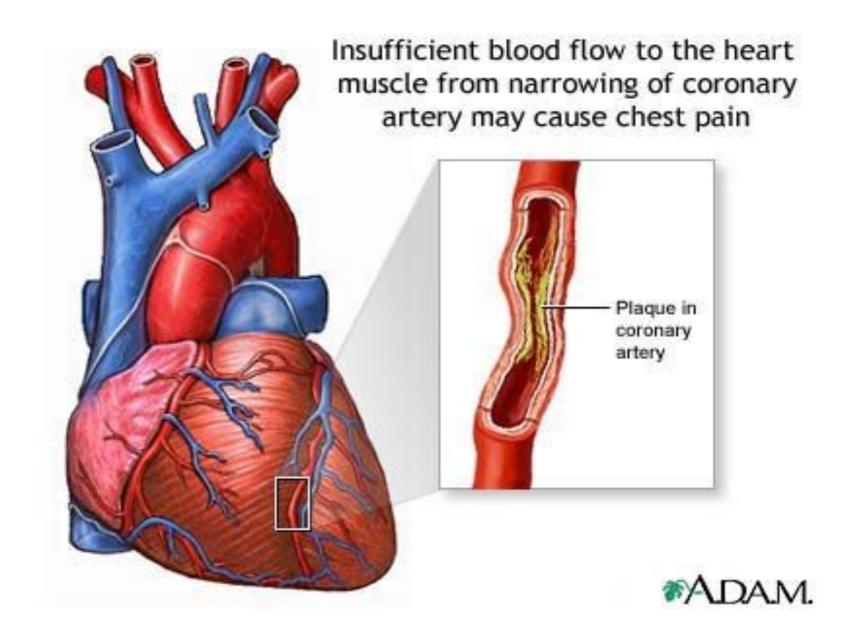
### Pathophysiology of Stable Angina





Unstable Angina: ischemia caused by dynamic obstruction of the coronary artery due to plaque rupture or erosion with superiomposed thrombosis. It occurs suddenly at rest, and becomes progressively worse, with a increase in the number and severity of attacks.

#### Pathophysiology of Unstable Angina

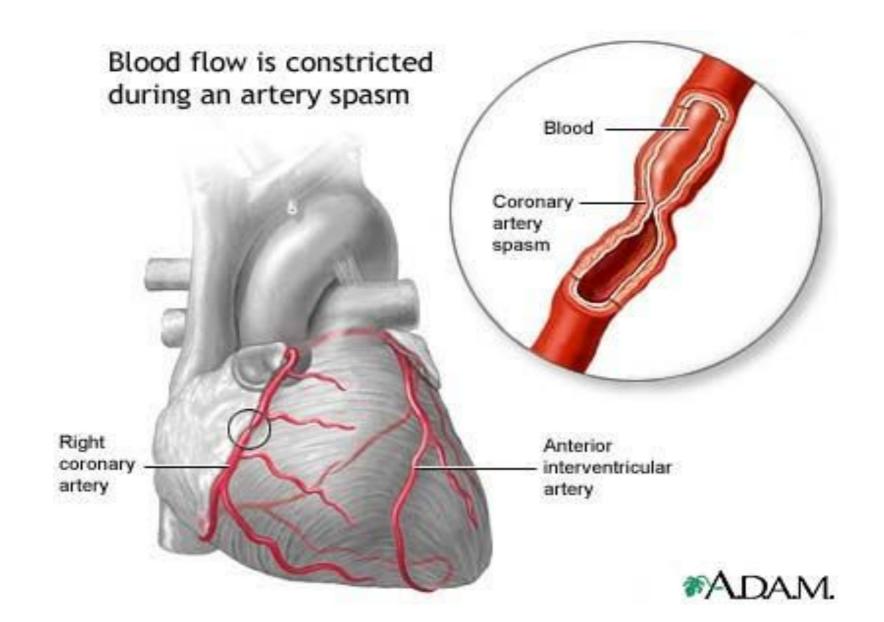


- Myocardial Infarction: myocardial necrosis caused by acute occlusion of a coronary artery due to plaque rupture or erosion with superiomposed thrombosis.
- Depending on the site, size and severity of infarction, it subsequently leads to myocardial dysfunction with arrhythmias, heart failures....

#### Pathophysiology of Prinzmetal Angina

 Prinzmetal Angina: the ischemia is usually due to coronary artery spasm. It occurs at rest

#### Pathophysiology of Prinzmetal Angina





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