

Adrenergic System

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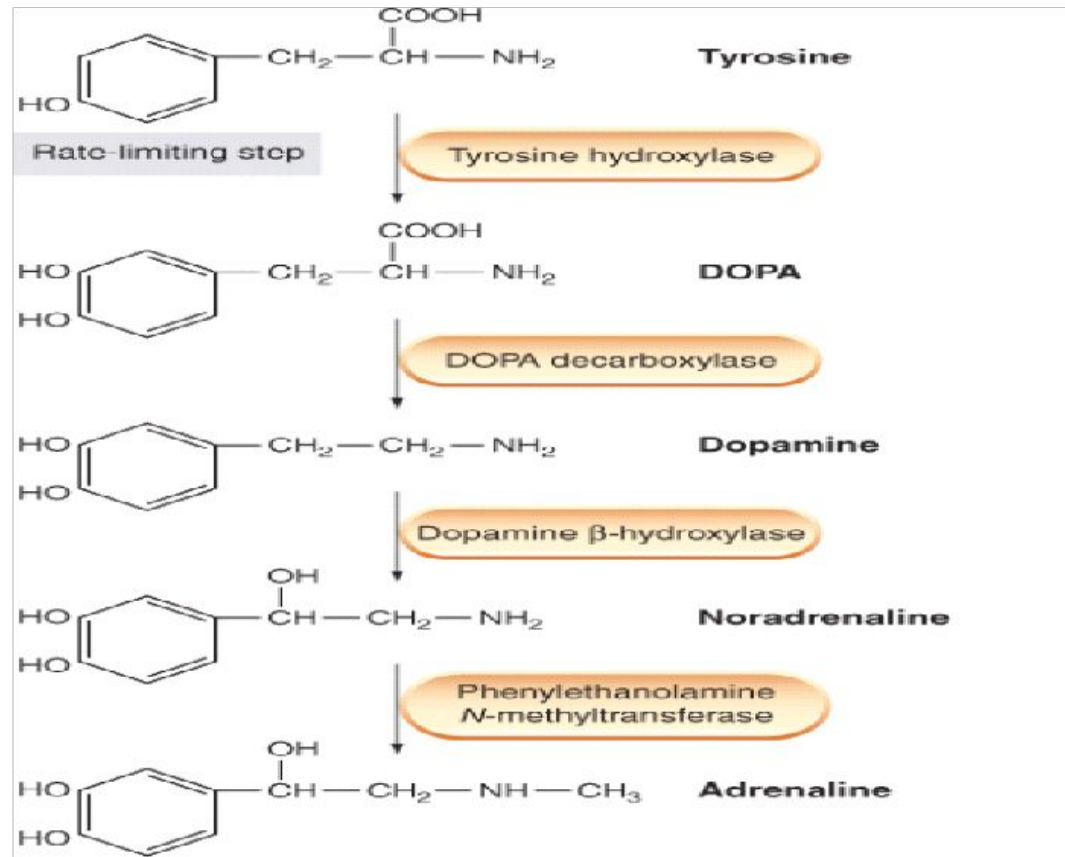
NORADRENERGIC TRANSMISSION (Adrenergic System)

THE NORADRENERGIC NEURON

Responsible for **synthesis**, **storage** and **release** of **NA** and located in:

- **ANS** (postganglionic sympathetic neurons)
- **CNS**

Noradrenaline synthesis :



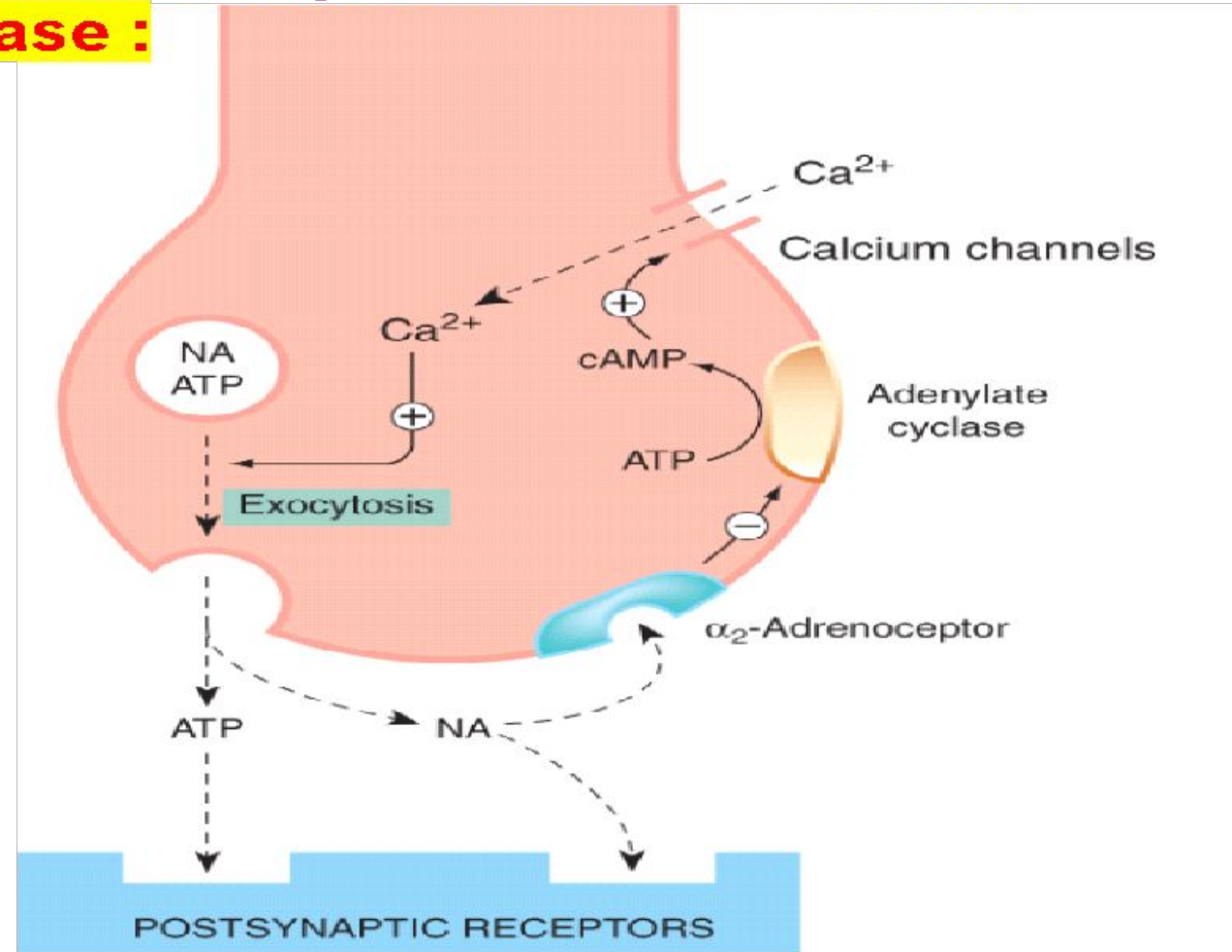
- **DOPA** = dihydroxyphenylalanine
- Adrenaline is synthesized in the adrenal medulla

Noradrenaline storage :

Stored in vesicles in nerve terminals or chromaffin cells (only a little is free in the cytoplasm) with ATP.

High concentration in the vesicles is maintained by the *vesicular monoamine transporter*, Reserpine block this transport

Noradrenaline release :



- Release can be **blocked** by (*Bretylium*), other drug is *Guanithidin* has Bretylium like effect and Reserpine like effect. While release can be **stimulated** by indirect sympathomimetic agents like *Amphetamine* and *Tyramine*.

- **Regulation of noradrenaline release :**

- 1- By acting on presynaptic receptors (α_2 -adrenoceptors), released NA exerts a **local inhibitory effect** on the terminals from which it came (*autoinhibitory feedback*).

- 2- **Uptake of catecholamine : (80% of termination of action)**

- The action of released NA is terminated mainly by **reuptake**

- **A. Uptake 1 :**

- **Neuronal uptake** (by noradrenergic nerve terminals)
- Represent **75 %** of uptake
- **terminate the action** of the transmitter, and to recycle it.

- **A. uptake 2 :**

- **Extraneuronal uptake** (By other cells near the nerve terminal)
- Represent **25 %** of uptake
- **Limit transmitter spread.**

- Some drugs **inhibit noradrenaline uptake** e.g. *Tricyclic Antidepressant* and *Cocaine*

- **Endogenous** and **exogenous** catecholamines are metabolized mainly by two enzymes: **monoamine oxidase (MAO)** and **catechol-O-methyl transferase (COMT)**.
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- **MAO** is **intracellular**, (**membrane of mitochondria**).
- It is **abundant in noradrenergic nerve terminals**, also present in **liver** and **intestinal epithelium**.
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- **MAO** converts **catecholamines** to **aldehydes**
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- **MAO** can also oxidize other monoamines, important ones being **dopamine** and **5-HT**.
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- **COMT** cause **methylation** of one of the **catechol hydroxyl groups** to give a **methoxy derivative**.
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- **COMT** is **absent from noradrenergic neurons** but present **postsynaptically**, and in **adrenal medulla, liver** and **GIT**.
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- The final product of **MAO** and **COMT** is **vanillyl mandelic acid (VMA)** and excreted in **urine** in this form.
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- In patients with **pheochromocytoma**, the urinary excretion of **VMA** is markedly increased.

ADRENOCEPTORS

- **Classification of adrenoceptors:**

- Main pharmacological classification into α and β types.

- **Adrenoceptor subtypes: (G-protein-coupled receptors).**

- two main α -receptor subtypes, α_1 and α_2 , each divided into further subtypes (α_{1A} , $1B$,
- three β -adrenoceptor subtypes (β_1 , β_2 , β_3)

- **Second messengers:**

- α_1 -receptors (G_q) activate phospholipase C, producing IP_3 and DAG as second messengers
- α_2 -receptors inhibit adenylate cyclase, decreasing cAMP formation (G_i)
- all types of β -receptor stimulate adenylate cyclase (G_s) and increase intracellular cAMP

The main effects of adrenoceptors activation
A, adrenaline; **ISO**, isoproterenol; **NA**, noradrenaline.

Table 14.1 Distribution and actions of adrenoceptors

Tissues and effects	α_1	α_2	β_1	β_2	β_3
SMOOTH MUSCLE					
Blood vessels	Constrict	Constrict/dilate	–	Dilate	–
Bronchi	Constrict	–	–	Dilate	–
Gastrointestinal tract	Relax	Relax (presynaptic effect)	–	Relax	–
Gastrointestinal sphincters	Contract	–	–	–	–
Uterus	Contract	–	–	Relax	–
Bladder detrusor	–	–	–	Relax	Relax
Bladder sphincter	Contract	–	–	–	–
Seminal tract	Contract	–	–	Relax	–
Iris (radial muscle)	Contract	–	–	–	–
Ciliary muscle	–	–	–	Relax	–
HEART					
Rate	–	–	Increase	Increase ^a	–
Force of contraction	–	–	Increase	Increase ^a	–
OTHER TISSUES/CELLS					
Skeletal muscle	–	–	–	Tremor Increased muscle mass and speed of contraction Glycogenolysis	Thermogenesis
Liver (hepatocytes)	Glycogenolysis	–	–	Glycogenolysis	–
Fat (adipocytes)	–	–	–	–	Lipolysis Thermogenesis
Pancreatic islets (B cells)	–	Decrease insulin secretion	–	–	–
Salivary gland	K ⁺ release	–	Amylase secretion	–	–
Platelets	–	Aggregation	–	–	–
Mast cells	–	–	–	Inhibition of histamine release	–
Brain stem	–	Inhibits sympathetic outflow	–	–	–
NERVE TERMINALS					
Adrenergic	–	Decrease release	–	Increase release	–
Cholinergic	–	Decrease release	–	–	–

^aMinor component normally but may become significant in heart failure.

- **Activation of α_1 Adrenoceptors:**

- G-protein will activate phospholipase C that will act on PIP_2 membrane phospholipid to produce IP_3 & DAG 2nd messengers. IP_3 will stimulate intracellular Ca^{++} release that cause **smooth muscle contraction**.

- **Activation of α_2 Adrenoceptors:**

- G-protein will inhibit adenylate cyclase enzyme (that convert ATP to cAMP 2nd messenger) so **decrease the concentration of cAMP** that will decrease transmitter release by reducing Ca^{++} influx.

- **Activation of β Adrenoceptors:**

- G-protein will stimulate adenylate cyclase enzyme so **increase the concentration of cAMP** that will produce the following effects:

- In the **heart** cAMP will **increase Ca^{++} influx** (increase HR (**+ve chronotropic** effect), automaticity, contractility (**+ve inotropic**), conductivity (**+ve dromotropic**), excitability, cardiac output, cardiac work, and O_2 demand, while decrease refractory period)
- In **smooth muscles** cause **phosphorylation (inactivation) of myosin light chain kinase** and produce **relaxation**.
- In the **Liver** cAMP will activate enzymes responsible for **Glycogenolysis and Gluconeogenesis**.
- In **adipose tissue** cAMP will **activate lipase enzyme**.

ADRENERGIC AGONISTS

(Sympathomimetic drugs)

•CLASSIFICATION

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- 1. according to chemical structure: (Catecholamines & Non-catecholamines)
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 - Catecholamine** :
 - Catecholamines are compounds containing a catechol moiety (a benzene ring with two adjacent hydroxyl groups) and an amine side-chain. Pharmacologically, the most important ones are:
 - **Noradrenaline**
 - **Adrenaline**
 - **Dopamine**
 - **Isoproterenol** (isoprenaline), a synthetic drug
 - **Dobutamine**, synthetic drug, act as selective agonist for β_1 receptors
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 - 1. according to receptor selectivity:
 - **Selective α_1 agonists**
 - **Selective α_2 agonists**
 - **Selective β_1 agonists**
 - **Selective β_2 agonists**

according to the mode of action:

- **Direct-acting agonists:** These drugs act directly on α or β receptors. Examples include *adrenaline*, *noradrenaline*, *isoproterenol*, *phenylephrine*etc.
- **Indirect-acting agonists:** These agents may block the uptake of noradrenaline (**uptake inhibitors**) e.g.: *cocaine* or are taken up into the presynaptic neuron and cause the **release of noradrenaline** e.g. *amphetamines*.
- **Mixed-action agonists:** Some agonists, such as *ephedrine* and *pseudoephedrine* have the capacity both to stimulate adrenoceptors directly and to release noradrenaline from the noradrenergic neuron

Catecholamines	Non-catecholamines
High potency	Low potency
Do not readily penetrate into CNS	Readily penetrate into CNS
Metabolized by MAO & COMT	Not metabolized by MAO & COMT
Not given orally (except isoprenaline)	given orally
Short duration of action	Long duration of action
Less lipid soluble	High lipid solubility
e.g. adrenaline, dopamine, isoprenaline	e.g. ephedrine, phenylephrine, amphetamine

